

*You Are Invited!*  
**MAKE A MITZVAH ACTIVITY MAT**  
*to support those with Alzheimer's*



Join us to learn, have fun and do a Mitzvah !

Sunday, April 22nd 1:00 - 3:00 pm

Willow Towers Assisted Living  
355 Pelham Road, New Rochelle, NY 10805

Come together with Westchester Sisterhoods, UJA's ENGAGE Volunteers and others in our community and be guided in creating lap mats that caregivers will use to help calm and promote motor and sensory awareness in Alzheimer's residents at United Hebrew of New Rochelle.

It's easy! No skills required other than your own creativity and 2 hours of your time! All materials will be provided, and an instructor will be there to help !

**Registration required: Please contact Linda Forman**  
914.632.2804 x 1224 or [lforman@uhgc.org](mailto:lforman@uhgc.org)



This project is funded by Engage Jewish Service Corps, a UJA Federation of NY initiative, in collaboration with Westchester Reform Temple of Scarsdale, in partnership with Congregation Kol Ami and United Hebrew of New Rochelle. ENGAGE is dedicated to providing meaningful opportunities for adults in the community to come together.